

**Galatians**  
**Apostolic Foundations**  
**7) Walking in the Spirit**

***'Stand fast therefore in the liberty by which  
Christ has made us free, and do not be  
entangled again with a yoke of bondage'***

**(Galatians 5:1)**

*'For you, brethren, have been called to liberty;  
only do not use liberty as an opportunity for  
the flesh, but through love serve one another'*

**(Galatians 5:13)**

***'I say then: Walk in the Spirit, and you shall  
not fulfill the lust of the flesh'***

**(Galatians 5:16)**

***'And those who are Christ's have crucified  
the flesh with its passions and desires'***

**(Galatians 5:24)**

*'For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another'*

**(Galatians 5:17)**

*'Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like'*

**(Galatians 5:19-21)**

*'And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice'*

**(Ephesians 4:30-31)**



***'For I delight in the law of God according to the inward man. But I see another law in my members, warring against the law of my mind, and bringing me into captivity'***

**(Romans 7:22-23)**

*'...of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God'*

**(Galatians 5:21)**

*'The Spirit Himself bears witness with our spirit that we are children of God and if children, then heirs—heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together'*

**(Romans 8:16-17)**

***'For this you know, that no fornicator, unclean person, nor covetous man, who is an idolater, has any inheritance in the kingdom of Christ and God'***

**(Ephesians 5:5)**

***'Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God'***

**(1 Corinthians 6:9-10)**

***'It is actually reported that there is sexual immorality among you, and such sexual immorality as is not even named among the Gentiles—that a man has his father's wife! And you are puffed up, and have not rather mourned, that he who has done this deed might be taken away from among you. For I indeed, as absent in body but present in spirit, have already judged (as though I were present) him who has so done this deed. In the name of our Lord Jesus Christ, when you are gathered together, along with my spirit, with the power of our Lord Jesus Christ, deliver such a one to Satan for the destruction of the flesh, that his spirit may be saved in the day of the Lord Jesus'***

**(1 Cor. 5:1-5)**

***'For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire'***

**(1 Cor. 3:11-15)**

***'Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified'***

**(1 Cor. 9:24-27)**



***'I say then: Walk in the Spirit, and you shall not  
fulfill the lust of the flesh'***

**(Galatians 5:16)**

***'But if you are led by the Spirit, you are  
not under the law'***  
**(Galatians 5:18)**

***'Now the works of the flesh are evident...'***  
**(Galatians 5:19)**

*'But the fruit of the Spirit is love, joy, peace,  
longsuffering, kindness, goodness,  
faithfulness, gentleness, self-control.  
Against such there is no law'*

**(Galatians 5:22-23)**

**The Bible says 130 times that we are:**

***'in Christ'***

*'If we live in the Spirit, let us also walk in the Spirit'*  
**(Galatians 5:25)**

***'I say then: Walk in the Spirit, and you shall not  
fulfill the lust of the flesh'***

**(Galatians 5:16)**

***'For we through the Spirit eagerly wait for the hope  
of righteousness by faith'***

**(Galatians 5:5)**